

Gender Affirming Care Provider Options for Youth California based



CHLA

- Closing the Center for TransYouth Health and Development 7/22/25
 - o Appointments prior to this date are being honored
 - Providers are working to give each patient resource for other providers
- All gender affirming surgeries must be complete by 6/30/25
 - Appointments prior to this date are being honored.
 - o Dr. Lee and her team are working to find other providers to take patients scheduled after this date.
- FOR MEDICAL RECORDS call 323-361-6055 or go online to www.chla.org/request-medicalrecords-him

UCLA

Contact: 310-267-4334

- Currently have capacity for new patients, all ages.
- UCLA Leadership is currently strategizing how best to support the local community.
- Patients/families can start the process by contacting our care coordination team, info listed on their website.
- UCLA accepts many insurance plans, including some MediCal plans

Children's Hospital Orange County (CHOC)

Contact: 714-509-8634

- They currently have the capacity to accept new patients.
- CHOC accepts many insurance plans, including some MediCal plans

Metamorphosis Medical Center

Contact: 714-484-8000

- Buena Park and telehealth
- Does not accept insurance, cash rate is quite high

Memorial Care

Contact: 562-933-0050

- Long Beach
- Accepts some insurance
- Will see patients from out of state

AltaMed

Contact: 888-499-9303

- South Gate AltaMed FQHC
- Accepts most insurance, including Medi-Cal, and offers self-pay
 - o If you have Medi-Cal, it would be helpful to switch your health network to AltaMed and set this location as your primary care location.
- Will see patients from out of state

USC Keck

Contact: 323-442-5843

- Accepting new patients
- Over 18
- Most insurance plans accepted, including MediCal plans

Rady Children's Hospital

Center for Gender Affirming Care

Contact: 858-966-8493

- They currently have the capacity to take on new patients.
- Rady can see youth through age 22 via specialty care.
- Accepts many insurance plans, including some MediCal plans

Private Practice

Pediatricians, Family Medicine

Contact: insurance@transfamilysos.org

- These are private practice providers, not a specialists.
 - Out of an abundance of caution, we are not sharing these providers names publicly, please reach out to Amy for assistance.
- For folks with HMO insurance, primary care would need to transferred for treatment.
- Many insurance plans accepted, including most Medi-Cal plans

UCSD - Gender Health Program

Contact: 619-543-3633

- Accepting new patients
- Over 18
- Accepts many insurance plans

Scripps Clinic

Gender Health & Transgender Care

Contact 800-727-4777

- Taking new patients in endocrinology for patients 18 and up
- Many insurance plans are accepted.

UCSF

Contact: (415) 353-7337

- Is currently taking new patients ages 3 17
- Locations in San Francisco, Oakland and San Ramon
- Triaging and prioritizing patients who are in need of blockers or med refills
- Patients 18 and above can be seen at their Adult Clinic, call (415) 885-7770

Planned Parenthood

Contact 888-743-7526

- Seven affiliates throughout the state, including Santa Barbara, Central Coast, Mar Monte are seeing patients 16-17 with parent consent.
- Other locations treat 18 and up
- Insurance is accepted

QueerDoc (Virtual Care)

Contact: QueerDoc.com

- Currently taking new patients in California and 9 other states for virtual care
- All families start with a free intro visit with Nora, Care Coordinator
- Visits are paid on a sliding scale

True U Clinic (Virtual Care)

Contact: 646-650-5733

- Currently seeing patients age 15 and up virtually. In 25 states
- Cash pay only.

Folx (Virtual Care)

Contact: folxhealth.com

- Over 18
- In most states
- Some insurance plans are accepted

Plume

Contact: getplume.co

- Over 18
- In most states
- Some insurance plans are accepted

Trans Youth Emergency Project

Contact: southernequality.org/tyep/

Trans Youth Emergency Project can provide families with a \$500 grant every 3 months, which can often cover the full cost of ongoing care (except for puberty blockers, which we help coordinate via insurance or assistance programs). These grants are only available to youth in states with active care bans.