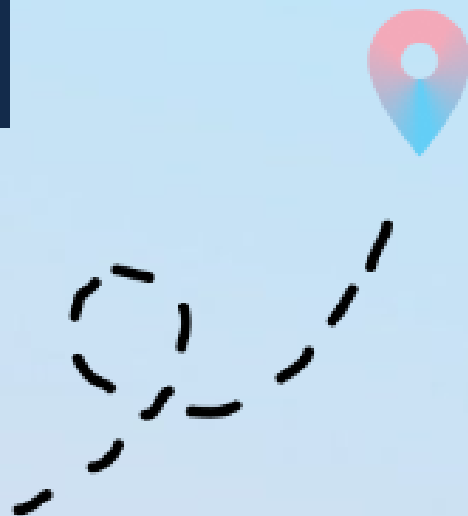




TRANSFAMILY SUPPORT SERVICES

Navigation for
the journey.



IMPACT REPORT
2022

CONTACT INFORMATION
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WEBSITE: TRANSFAMILYSOS.ORG

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TransFamily Support Services works to guide transgender, nonbinary, and gender diverse youth and their families through the journey of identity so that no one needs to experience it alone.

We at TFSS know how isolating this experience can be for an individual and their family and we want to help everyone have a positive and joyful experience. We provide family coaching, assistance with healthcare and insurance, help navigating the legal system, and support within schools. Our services are provided at no cost as we believe everyone should be able to access gender-affirming and supportive care.

Mission

TransFamily Support Services saves lives by shaping a gender affirming and accepting Community.

Vision

A world where **ALL** genders are accepted & treated
EQUALLY

A Letter from Leadership

2022 was quite a year!

We served a record number of youth and families in 2022, many of whom were entirely new to this journey. All it takes is a family who wants to learn how to support their youth in being who they are. Getting the chance to see parents and caregivers move from confused and overwhelmed to affirming and accepting is one of the greatest parts of this work.

Our youth programming connects LGBTQ kids to others like them in a variety of ways so that they can learn that not only do they deserve to be affirmed for who they are, but to be celebrated for all that they are. The insurance and medical navigation has become a vital program in serving the greater trans community. And of course, the education and trainings of schools, employers, and youth-serving organizations are changing the environments for our students, families, and community members working in education.

Our work is truly saving lives and healing families.

This past year we saw organized attacks locally and nationally on our trans community increase exponentially. From our own Boo Bash, a family Halloween party in San Deigo, and Trans Pride in Alabama to the over 300 anti-LGBTQ bills introduced across the country, hate has been front and center. Watch for upcoming programming that you can join to help to stand up to hate.

Team TFSS, our board, staff, and volunteers work daily from their own lived experiences to create a world where all genders are respected and loved. We are here for the long haul and will continue with your loving support to meet our mission.

Thank you to all who have contributed to TransFamily Support Services.



Kathie Moehlig
She/Her
Executive Director



Evan Johnson
They/Them
Director of Youth Programs



Aspen Everhart
They/He
Director of Operations

The 2022 TFSS Board



Kate Budd
She/Her
President/Treasurer



Jesse Pullen
He/Him
Vice President



Kathleen Pearson
She/Her
Secretary



Paulo Batista
He/Him
Board Member



Mike Dillaway
He/Him
Board Member



Joan Irving
She/Her
Board Member



Laura Gonzalez-Garcia
She/Her
Board Member



Aubin Cawthon
He/Him
Board Member

Supporters

Align Surgical
AspenOUT
AT&T
Born This Way Foundation
Citizen Bank
City of Escondido
City of San Diego
City of San Marcos
County of San Diego
Gender Confirmation Center
Gilead
Harrahs' All in 4 Change
Hollister -Hopewell Fund

Human Rights Campaign
Imperial Court of San Diego
Jansen Pharmaceuticals
Mankind Dispensary
Mattel
NBC Universal
Price Philanthropies
Rich's San Diego
Samuel and John Henry Fox Foundation
San Diego Pride
The Upswing Fund - Panorama Global
Urban Mo's

And, of course, we wouldn't be able to do any of the amazing things we're doing if it weren't for the generous donations of our friends, families, allies, and accomplices. Thank you.

The 2022 TFSS Team



Kathie Moehlig
She/Her
Executive Director



Evan Johnson
They/Them
Director of Youth Programs



Aspen Everhart
They/He
Director of Operations



Mani Blunt
They/He
Huntsville Program Manager



Kari Limon
She/Her
Family Engagement Manager



Amy Mudd
She/Her
Medical & Insurance Navigation



Atlas Alvarez
They/He
Youth Programs Coordinator



Kieran Pearson
He/Him
Youth Programs Coordinator



Krystle Montgomery
They/Them
Outreach & Development Associate



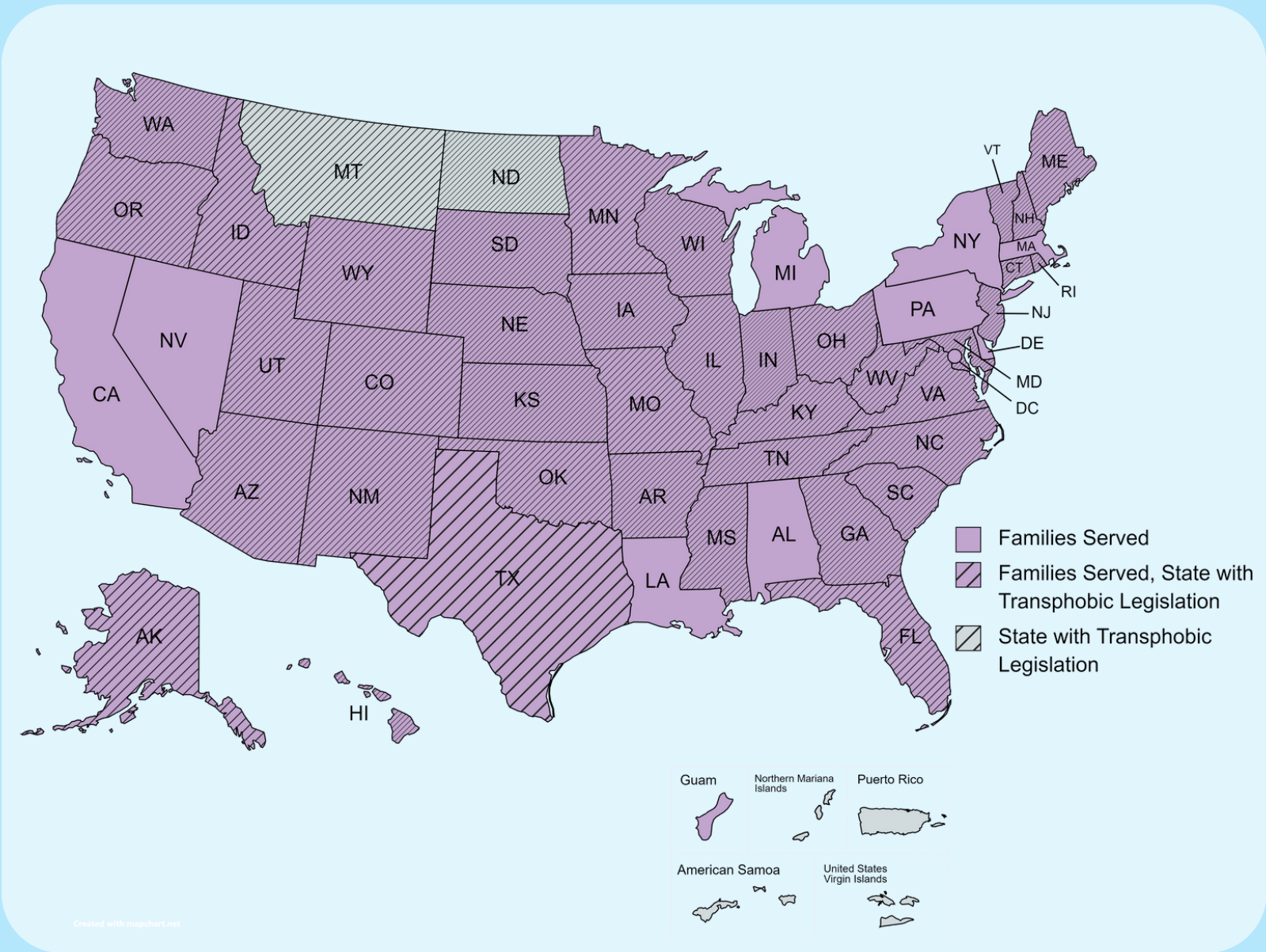
Evie Burns
She/Her
Bilingual Youth Programs Coordinator

We recognize the importance of having a staff and board that reflect the identities and experiences of the clients and families that we're serving. **Of our staff of ten, seven are trans identifying, four are nonbinary, and three are the parents of trans folks.** It is through our own stories and the stories our clients so trustingly share with us that we are able to do this work.

At TransFamily Support Services, we pride ourselves on not only prioritizing hiring trans and nonbinary folks, but building the capacity and skills of the members of our community so that they can go off and do even more amazing things for themselves in the future.

Building a Global Family

Where our clients at TFSS are located around the world



Countries:

- Canada
- Mexico
- Japan
- Germany
- India
- Ecuador

TransFamily Support Services is committed to providing services to those in need no matter their location. We are constantly assessing and familiarizing ourselves with both national and international politics to best support our clients and families so that no matter where they're located they can continue to expect the highest level of support from our organization.



How we are shaping a gender-affirming community

1208

Families Served

667

Hours of Support

5

New Staff Members

Key Moments:

- Started a partnership with Sony offering education and support groups for their employees, worldwide
- Trained all 1300 employees of the SD county district attorney's office

Education & Training:

3743

Total Staff Trained

68

Schools & Employers Combined

6

Active School District Partnerships

TFSS co-signed CA Bills that passed in 2022 and signed by the governor:

SB 107 - Safe Haven for trans youth care

SB 923 - TGU Inclusive Care Act

Youth Programming:

3X

Mentorship Matches vs last year

144

Youth engaged in support groups & online community

304

Hours of support groups offered

Parent Programming:

7

New Parent Volunteers

3

New Support Groups

174

Hours of Support Offered

TFSS Members served on:

- California State Superintendent Tony Thurmond's Safe School Bathrooms Ad Hoc Committee
- San Diego Human Relations Commission
- United Against Hate Coalition
- San Diego Police LGBTQ Advisory Council
- Trans Day of Empowerment Planning Community
- Child Welfare LGBTQ+ Workgroup
- San Diego Community Leadership Council
- San Diego Youth Serving Community Leadership Council
- San Diego County Office of Education LGBTQ Committee
- ABC 10 News LGBTQ Advisory Committee
- The White House - Pacific Region Political Strategy & Outreach
- AT&T CA Connectivity Council
- SD Pride Healing and Safer Communities
- San Diego Queer Imperial Alliance

Gender Junk

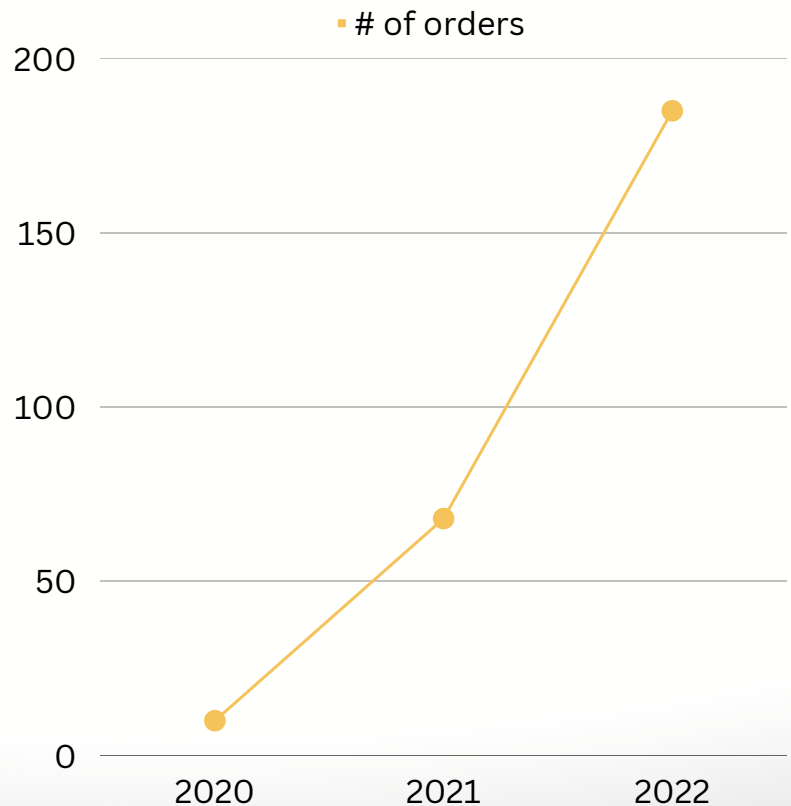
GenderJunk is our gender affirming gear program. This program is perhaps one of the favorite services of the TFSS team (not that we're picking!) because it lets us bring gender joy to our youth and young adults through clothing, makeup, and so much more.

185 Orders

27 States

21 States with transphobic legislation

3 International Orders



"I'm glad to inform you that the binder you ordered has indeed arrived. Saying that I'm thoroughly satisfied with it would be an understatement..."

Not to forget thanking GenderJunk and their wonderful initiative of helping trans people like me, those access to HRT or surgeries is limited or impossible...

A million thanks"

-Iris from Ecuador



Insurance Navigation

120

New Clients

25

Won Appeals



While not everyone in our community will seek medical transition, we know how important access to affirming care is for those who do. **Having knowledgeable and understanding medical professionals can be a part of a life-saving team for our community**, just as vital as a good therapist can. Access to medical services and insurance support is a free service that has been a cornerstone of TFSS services and will continue to be one of our main focuses

Our powerful team of folks working to bring change for trans people who want to access medical transition have blown us away with their tenacity and boldness this year! Check out some of the amazing things they've accomplished in 2022!

- Advocated for change with HealthNet's infrastructure to make **prescription refills of testosterone easier and quicker to access**
- Connected with Molina Healthcare to partner in building a **trans care team**
- Began our partnership with **Gender Confirmation Center**
- Connected with Adm. Rachel Levine's office at the Department of Health and Human Services to advocate for change in age requirements for top surgery at a federal level

"I am so grateful for your assistance in this appeal process ... I felt hopeless, and you were able to uplift me and give me the resources that I needed to fight back against my insurance. ...I don't think many trans folk are aware of the help that is out there. ... I am truly thankful for everything that you've done for me!"

–Aamirah

Latine/x Programming

42+

Hours of Support Offered

34

Families Served specifically through Latinx Programming

Peer-to-peer support is even more important for our clients who exist at the intersection of multiple marginalized identities. Because all of our identities interact with one another as we engage with the world, it is imperative that our mental health services, support systems, and communities reflect our experiences too. TFSS serves a large population of Latine/x families in our programming so we are deliberate in hiring and empowering Latine/x trans folks to create and lead these programs.

In 2022:

- In-Person Support Group started in September
- Monthly Latinx Livestreams
- Attended Latinx Pride Event
- Started Partnerships with Casa de Familia & San Ysidro Health



Parent Programming

We think it's always better to celebrate your identity with the whole family! That's why our **parent/guardian support groups** and **Family Engagement Sessions** are essential to supporting our youth.

In 2022, we pushed ourselves to be able to offer more in-person programming, leading to the beginning of our beautiful **park meetups** for our youth and their families to join with community.

We also saw the beginning of our **Latine / Spanish-speaking support groups** for parents of trans youth, which has become one of our proudest growth moments of the year!

7

New Parent Volunteers

3

New Support Groups

174

Hours of Support Offered



Youth Programming

144

Youth engaged in support groups & online community

304

Hours of Support Offered

3X

Kyler's Konnections Matches vs last year

2022 also saw the launch of new programs for our youth! We began connecting families of elementary-aged trans and gender diverse youth to one another in our **Like Me! Buddy Program**, because no child should feel alone.

Our team is always just a phone call away! Team TFSS is a big believer in peer-to-peer support, whether that be through our LGBTQ+ support groups or our transgender mentorship program, Kyler's Konnections.

We know that many trans youth have not come out – and that many more are in need of a safety net outside of the home – so we work closely with middle and high school educators, Gender Sexuality Alliance (GSA) clubs, and youth-serving organizations to ensure these youth are supported and affirmed.

The **Kyler's Konnections Mentorships Program** came from a desire to honor the memory of Kyler Prescott and the ongoing need of our community to be connected to peer role models.

For years our community has found ourselves without people like us to project our future success on-- teachers, scientists, business owners, and ranchers who all felt as though they were the first trans person to ever break into their field. We deserve to get to see ourselves as leaders, creators, and innovators, so why not connect our youth to those adults who can help show them what trans joy and success looks like?

When our youth get matched to a Kyler's Konnections mentor, they learn that they deserve not only to survive into adulthood, but to thrive in the most successful versions of themselves.



Creating an Inclusive Culture

3743 Total People Trained

68 Schools & Employers Combined

6 Active School District Partnerships

We've always been devoted to increasing understanding and awareness of the issues facing our trans and nonbinary community, wherever that desire to teach took us-- and in 2022 it took us some places we've never been before!

The growing epidemic of hate and misinformation being spread about our families and youth have meant that this work is even more important. We've seen that met with equal enthusiasm from the teachers, doctors, school admin, lawyers, social workers, therapists, peers, parents, and more who have scheduled trainings with us so they can learn more about their loved ones and community.

"Best PD [Professional Development] we've had all year. Or ever, actually. Been a teacher for 16 years in 4 districts. This was most relevant and important and engaging meeting I've sat thru. Thank you for doing the good work!!"

- Anonymous



100

Attendees at Trans
Day of Visibility

300

Attendees at the
FIRST Trans Pride

In 2022:

Southern States
Support group was
born.

AL TFSS became a
member of the Youth
Services Council of
Huntsville

Being trans in the rural south can become a special sort of frustrating for many folks who are trying to access affirming services but feel like they have to go out of state to find it. For many, Alabama is their home and it's one that they're not willing or able to flee due to the transphobic voices of a powerful few.

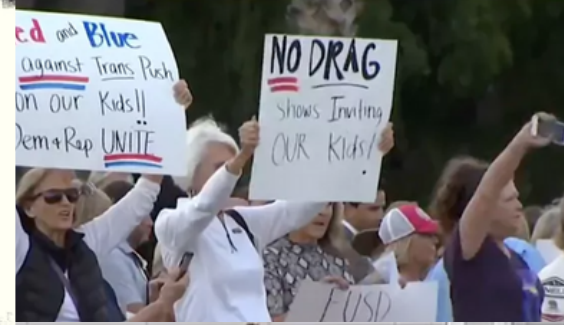
We're working to make Alabama the safe haven that those who live there deserve to have with our boots on the ground and our flags flying proud. Our families and team in Alabama are happy to show a future for the state that is loving, affirming, and safe for all LGBTQ+ families.



Anti-LGBTQ activists protest after being enraged at Disney-themed drag event

Some protestors carried signs that read "No drag shows inviting our kids" about the family-friendly event.

LGBTQ NATION



Boo Bash

1200+

Attendees

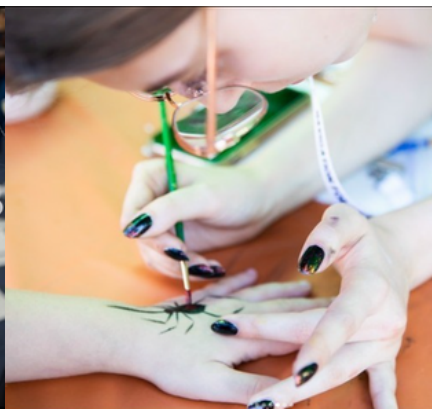
120+

Community Volunteers

October was a little scarier than usual this year as we kicked off our first annual Halloween event for our youth and their families to enjoy costumes and candy with no fear. It's always hard to do the first **anything**, but to succeed in creating a safe space for our youth to enjoy the always fabulous Hillcrest was worth it.

While some folks in the far-right community tried to steal our sunshine, we were met with a resounding show of support from members of the San Diego LGBTQ+ community.

And we're so glad for it! Not only because we were really looking forward to Mariam T's story time, but also because we heard from some of our youth in attendance that Boo Bash was the first time they had **ever seen a trans adult**. It's through events like this that we can bring our youth from merely surviving to growing into the most successful and happiest adult versions of themselves.



Bills Sponsored

TFSS sponsored bills that passed in 2022 and were signed by the governor:

SB 107 - CA as a Safe Haven for trans youth care

SB 923 - TGI Inclusive Care Act

In California:

16 pro LGBT Bills

11 pro-trans Bills

Many of us living in a supportive and affirming community may not always recognize the impact of the growing anti-trans rhetoric in other places. We know that even in our safe neighborhoods, we must constantly be **aware of this far-right wave...** The national level of hate is affecting our trans loved ones across the country—so many people are loudly sharing misinformation and outdated views that are discriminatory and harmful.

Our trans siblings across the nation need to know that we see them, we love them, and we will fight unceasingly for them.

We cannot just watch while our community suffers; while the work may seem distant, it will always be personal when it's about our families.

Growing Rhetoric

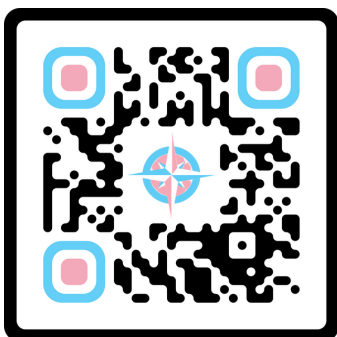
From family dinner tables to school board meetings, public hearings, and social media, we know that the world is changing in a way that isn't always positive.

Now is the time for our allies to learn when it's your turn to step forward to advocate for our needs and when it's time to move aside and let trans voices pave the way. It's a fine line that is constantly being redrawn. Still, when the world becomes so increasingly hostile to trans communities, it becomes time to challenge ourselves to **stand up to transphobia**.



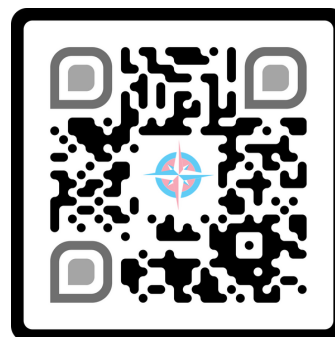
Join Our Family!

Donate



<https://transfamilysos.org/donate>

Volunteer



<https://transfamilysos.org/join-our-team>

Annual Events

★ Trans Youth Care Symposium (Spring)

★ Boo Bash (Fall)

★ Dreamgirls Revue (Winter)



Where we go from here

The next few years will be more challenging than we have seen in our 8-year history. We know this. We will keep growing, keep evolving, and keep looking to our youth as the future leaders and voices of this work so that we can be sure to continuously center them in our efforts.

We will continue to challenge the systems that have always told us that these institutions “are the way they are” in order to create doctor’s offices, classrooms, courthouses, DMVs, and homes that trans people will not only take up space in, but be welcomed in as valued members of their communities.

Every Act of Trans Joy is REVOLUTIONARY!

PROTECT TRANS YOUTH



TRANSFAMILY SUPPORT SERVICES

[TRANSFAMILYSOS.ORG](https://transfamilysos.org)