

IMPACT
REPORT **20**
23

WHO WE ARE

TransFamily Support Services is dedicated to assisting transgender, non-binary, and gender-diverse youth along with their families on their path of self-discovery and transition. Our work ensures that no one faces this journey alone. Recognizing the isolating nature of this experience, our team at TFSS is committed to fostering positivity and joy for individuals and families alike. *We offer family coaching, aid with healthcare and insurance, guidance through legal processes, and support within educational settings.* All our services are provided **FREE** of charge, underlining our belief that everyone deserves access to gender-affirming and supportive resources.

OUR MISSION

TransFamily Support Services **SAVES LIVES** by shaping a gender-affirming and **ACCEPTING** Community.



OUR VISION

A world where **ALL** genders are accepted & treated **EQUALLY.**



LETTER FROM LEADERSHIP

Dear TFSS Community,

As we reflect on the extraordinary journey that was 2023, our hearts are filled with gratitude, love, and an overwhelming sense of purpose. This past year, #TeamTFSS has been a beacon of hope and support for trans youth and their families, and we want to share with you the profound impact we've collectively made.

In 2023, we welcomed a record number of youth and families. Witnessing families transition from confusion to affirmation has been nothing short of magical. It's a reminder that, sometimes, all it takes is a family willing to learn how to support their youth in being authentically themselves.

Our youth programming has been a source of connection and celebration for LGBTQ kids, allowing them to discover their deserving right to be affirmed and the joy of being celebrated for their unique selves. The insurance and medical navigation program has become a lifeline for the broader trans community, ensuring access to essential care and support.

Our initiatives targeting schools, employers, and youth-serving organizations have been trans-formative in education. The environments we create are more inclusive and welcoming, impacting the lives of students, families, and community members involved in education.

Yet, amidst our triumphs, we cannot ignore the rising tide of organized attacks on the trans community, both locally and nationally. With the onslaught of over 500 anti-LGBTQ bills across the country, hate has become an undeniable presence. But in the face of adversity, we are determined to stand against hate. Stay tuned for upcoming programs where your participation can make a difference.

Our incredible #TeamTFSS - our board, staff, and volunteers—pours their hearts and souls into this work, drawing strength from their lived experiences. We are shaping a world where all genders are acknowledged, respected, and loved. With your steadfast support, we are in it for the long haul, committed to healing lives and families.

To all who have contributed to TransFamily Support Services, thank you from the depths of our hearts. Your support is the heartbeat of our mission, resonating with love and compassion. Together, we will continue to make a life-saving impact on the lives of trans youth and their families.

With heartfelt gratitude,

Kathie, Evan & Aspen



KATHIE (SHE/HER)
EXECUTIVE DIRECTOR



EVAN (THEY/THEM)
DIRECTOR OF EDUCATION & ADVOCACY



ASPEN (THEY/HE)
DIRECTOR OF OPERATIONS



KARI (SHE/THEY)
FAMILY & LATINÉ PROGRAM MANAGER



MARI (THEY/THEM)
SOCIAL MEDIA MANAGER



AMY (SHE/HER)
INSURANCE & MEDICAL NAVIGATOR



ATLAS (THEY/HE)
YOUTH PROGRAM COORDINATOR



KIERAN (HE/THEY)
YOUTH & SPECIAL PROJECTS COORDINATOR



BRYCE (HE/HIM)
VOLUNTEER & OUTREACH ASSOCIATE

OUR STAFF

At TransFamily Support Services, we deeply value **OUR STAFF** and understand the importance of hiring individuals who reflect the identities and experiences of the clients and families we serve. We prioritize hiring trans and non binary individuals, recognizing that it is through our own stories and the stories of our clients that we are able to carry out our mission effectively. Our commitment extends beyond employment—we also focus on **building the capacity and skills of our staff**, empowering them to achieve their goals and make meaningful contributions to their own lives and the lives of others.

THE BOARD



LIZ (SHE/HER)
BOARD PRESIDENT



KATE (SHE/HER)
TREASURER



PAULO (HE/HIM)
BOARD MEMBER



MIKE (HE/HIM)
BOARD MEMBER



AUBIN (HE/HIM)
BOARD MEMBER



DANIELLA (HE/THEY)
BOARD MEMBER



PHOTO
WITHHELD
DUE TO
ANTI-TRANS
RHETORIC

MITCH (HE/HIM)
BOARD MEMBER



ANNIE (SHE/HER)
BOARD MEMBER

NORTH COUNTY LGBTQ
RESOURCE CENTER
SD PRIDE
CASA FAMILIAR
SAN YSIDRO HEALTH
EQUALITY CA
ONE SAFE PLACE
TRANSYOUTH LIBERATION

At TransFamily Support Services, we recognize that it takes a village to do the work we do. Fighting for our youth and families is a team effort that we would not be able to accomplish alone. We stand with **OUR PARTNERS AND SUPPORTERS** to show the world that we support us. We'd also like to thank our families, friends, allies and accomplices for their generous donations and support in making our work possible.

PARTNERS & SUPPORTERS

THURSDAY CLUB
MAMA BEAR GIVING CIRCLE
CHULA VISTA NONPROFIT RELIEF FUND
ASPENOUT
NORDSTROM CARES
COUNTY OF SA DA PROGRAM
COUNTY OF SD
CITY OF SD
SAMUEL & JOHN HENRY FOX FOUNDATION
LB CHARITABLE FOUNDATION

SD HUMAN DIGNITY FOUNDATION
UPSWING FUND
SD PRIDE
STOP THE HATE
LBTQ HEALTH & WELLNESS FUND
CA STATE
QUALCOMM
CENTERLINK - CANT CANCEL PRIDE
COUNTLESS INDIVIDUAL DONORS

The missing photo of this individual needs to remain anonymous due to the current rhetoric and backlash towards trans individuals and their families.



YOUTH PROGRAMMING



Trans Family Support Services is dedicated to supporting trans and gender-diverse youth from elementary school age up to age 30. In 2023, our **YOUTH PROGRAMMING** was one of our widest reaching programs that allowed us to serve trans and gender-diverse youth not just across the country but around the world. These programs are essential in cultivating social spaces and connections that allow gender-diverse youth to know that they are not alone and there is an entire community here to support them.

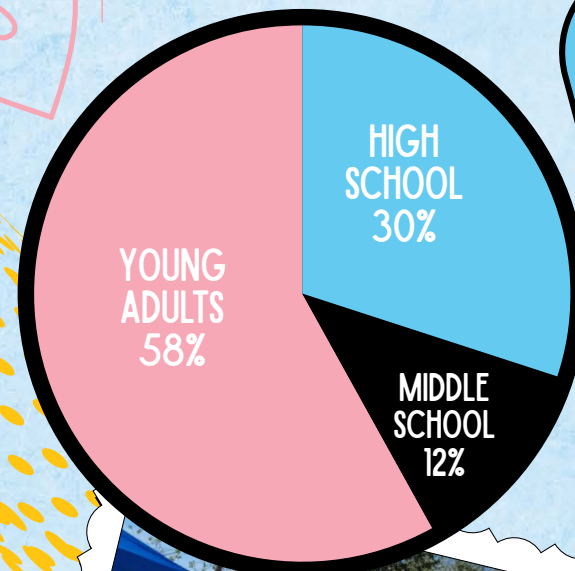
This year, we intentionally shifted our focus to create online community spaces where our youth can engage in activities, explore shared interests, and discuss their experiences with their peers in a safe and affirming environment. Our Discord servers allow youth to interact with each other on a daily basis in a space chaperoned and guided by trans adults. Seeing the need for these spaces, we began holding weekly online community groups for our middle schoolers, high schoolers, and young adults. We also began hosting biweekly events such as game nights, movie watching parties, music shares, and craft activities. This provides all youth the opportunity to form lasting friendships and find a community that they might otherwise not be able to access.



GJ: GENDERJUNK

GJ: GENDERJUNK is our program that provides gender-affirming items to young trans and gender diverse people who lack support or cannot afford these items on their own. This program allows us to bring gender euphoria and alleviate dysphoria for our youth and young adults. We completed nearly 200 GenderJunk requests in 2023.

GenderJunk served youth in 30 states across the country—28 of which had proposed anti-trans legislation in 2023 and 13 of which had passed anti-trans legislation. Further, many of our youth disclosed that their need for support was due to unemployment, disability, and homelessness. This means that GenderJunk is bringing affirmation and joy to some of the most vulnerable youth in our community. We work to ensure that GenderJunk remains a lifeline to those in need.



39 STATES
192 ORDERS

KYLERS KONNECTIONS

KYLERS KONNECTIONS MENTORSHIP PROGRAM

came about as we recognize the ongoing need within our community for trans youth to be connected to role models who can show them what trans joy and success looks like in adulthood. We received 26 mentor applications and 32 mentee applications in 2023. Our youngest mentees were under 12 years old while the majority of our mentees were 13-17 years old. We received applications from 14 different states. When our youth get matched with a mentor, they learn that they deserve to not only survive into adulthood but also to thrive as the most successful and authentic versions of themselves.



49 ONLINE EVENTS | 250+ SERVICE HOURS | 142 NEW YOUTH



PARENT PROGRAMMING

In 2023, **PARENT PROGRAMMING** experienced significant growth, marked by the addition of two new parent groups: Dual Spectrum, a group serving the parents of children on both the autism and gender spectrum and Parents of Nonbinary Kids, a community providing support to parents with nonbinary and gender diverse children. These groups have evolved into essential and meaningful spaces where parents can share their journey and connect with others with similar experiences. They have quickly become an integral part of the core structure of our Parent Programming.

We have also welcomed six new parent facilitators who lead our parent groups with kindness and compassion, contributing to the supportive environment we strive to foster at TransFamily Support Services. Families who have received support and resources through our groups are not only affirming their children but also lifting each other up by creating an environment where struggling parents and families can understand and empathize with one another. We recognize the necessity for sustained connections among parents beyond our virtual meetings, so in 2023 we introduced a dedicated community of parents on Groups.io. This platform serves as an avenue for parents to prolong their discussions, exchange resources, and consistently extend support beyond the biweekly virtual sessions. For parents in San Diego, we also organize a monthly park drop-in day where our local parents and youth gather to play games, make art, and connect with others who share similar experiences. This fosters the creation of a safe and supportive community, leading to the formation of lasting friendships.

127
FAMILY SESSIONS

373
SERVICE HOURS

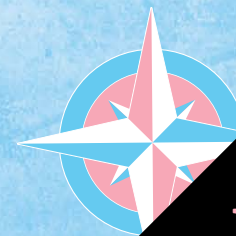
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SUPPORT GROUPS



LATINÉ PROGRAMMING made strides in 2023 in creating a community for individuals with multicultural, multilingual, and gender-diverse journeys. We've observed remarkable changes in families who initially felt adrift with limited resources at their disposal—families who have since emerged with confidence, in coming out as a family and celebrating their unique stories.

We prioritize our presence at events in Latine spaces because we understand how important representation is within our community. In 2023, TransFamily Support Services attended multiple community events such as the SD LGBTQ Latine Coaliton's Latine Pride 2023 to the Friends of Oceanside's Dia de los Muertos Festival. Overall, we spent 35 hours at community events, provided 20 hours of group support, and engaged in over 200 hours of direct support with our clients one-on-one.

LATINÉ PROGRAMMING



OUR INSURANCE

At TransFamily Support Services, our **INSURANCE AND MEDICAL NAVIGATION** team is dedicated to guiding our clients through every step of their medical journey. Whether it's accessing hormones, obtaining pre-authorizations for gender confirmation surgeries, or navigating insurance appeals, we provide referrals to experienced medical and mental health providers, ensuring our clients receive compassionate care without financial burden. In 2023, we assisted over 250 individuals, and we're committed to expanding our support to more members of our community.



“ Recovery is going very well! I have so much gender euphoria it's almost unreal! I feel so alive and so much figurative & literal weight off me. Every time i walk past a mirror now I get a jolt of happiness when i see my profile! I look like MEEEE. :D I'm happier than i've ever been! Thank you so much for all your help and support. what a relief and precious gift to feel so much more at home in my own skin! It's like a miracle. ”

A QUOTE FROM ONE OF OUR CLIENTS,
NICK

204 | **432** | **84**
NEW CLIENTS | SERVICE HOURS | RETURNING CLIENTS

A QUOTE FROM ONE OF OUR CLIENTS,
AAMIRAH

“ I am so grateful for your assistance in this appeal process. ... I felt hopeless and you were able to uplift me and give me the resources that I needed to fight back against my insurance. ... I don't think many trans folk are aware of the help that is out there. ... I am truly thankful for everything that you've done for me! ”



Over the past several years, we've also seen an increase in the number of people reaching out to our Insurance and Medical Navigation team due to the rampant anti-trans legislation that is targeting gender-affirming care. Many families have reached out in search of out-of-state providers after their home state enacted bans on the life-saving care they need. Others have reached out for help fighting for coverage from their health plans as insurance companies find new ways to deny care. As we continue to assist those who reach out for support, TransFamily Support Services is also advocating for change on a statewide and national level, providing education and trainings for mental health and medical professionals, and building long-term partnerships with providers across the country.

MEDICAL NAVIGATION

EVENTS



Our presence in the community plays an essential role in ensuring trans youth and families know they're not alone. In 2023, TransFamily Support Services attended nearly 50 in-person events, ranging from community resource fairs, professional conferences, Pride events and more. Each one of these events is an opportunity for us to bring our resources where they're needed most. As we reflect on the past year, we also want to recognize the tireless work of our volunteers who have shown up to every single one of these events, rain or shine. Attending these events and providing support to the community would not have been possible without their dedication and passion. We have immense gratitude for ALL members of #TeamTFSS.



TRANSFAMILY SUPPORT SERVICES
WELCOMES YOU TO

BOO BASH

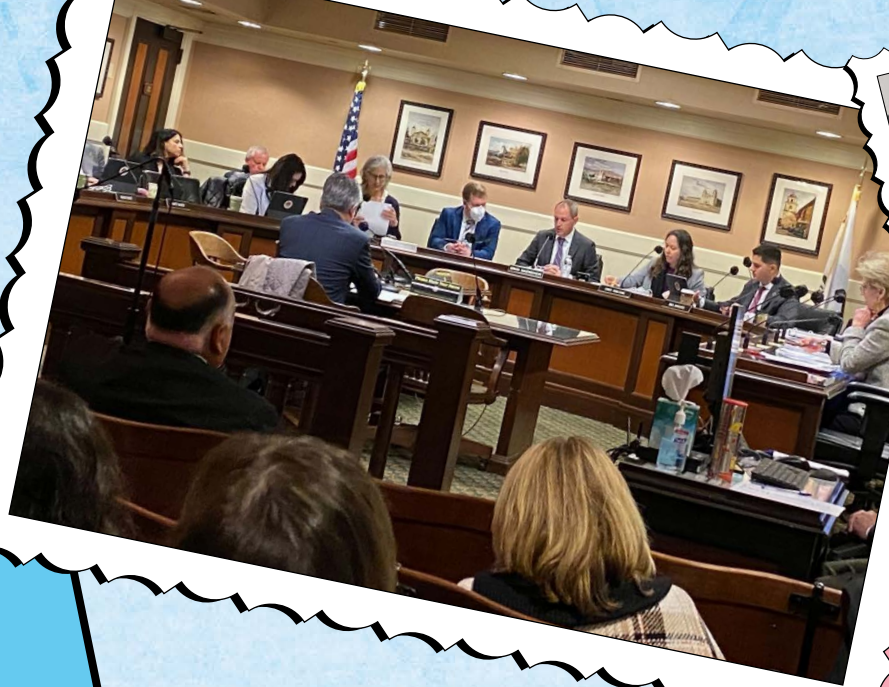


BILLS & LEGISLATION

At **TRANSFAMILY SUPPORT SERVICES**, we believe that advocacy extends beyond our local programs and services. As we see the rise of anti-trans legislation across the country, we are committed to challenging, proposing, and supporting legislation that directly impacts the lives of trans and LGBTQ+ youth and families.

Our biggest win of 2023 was California AB 223—championed by Assembly member Chris Ward and sponsored by TransFamily Support Services—which was signed into law in September. AB 223, also called the Transgender Youth Privacy Act, ensures the privacy of trans youth who change their name and/or gender marker by keeping their records confidential. This bill protects trans youth from being bullied, outed, and harassed so they can navigate their daily lives as themselves. It went into effect on January 1, 2024.

We also supported other LGBTQ+ California bills that were signed into law in 2023. AB 5 by Assembly member Zbur, the Safe and Supportive Schools Act, will ensure safer school environments for LGBTQ+ youth. SB 760 by Senator Newman will guarantee all-gender restrooms on school campuses. And SB 857 by Senator Laird will establish student-led LGBTQ+ task forces that will advise schools on the needs of LGBTQ+ students. We recognize that not every bill we sponsor or support will pass, but we stand steadfast in our commitment to take every measure possible to protect trans youth.



AB 223

THE TRANSGENDER YOUTH PRIVACY ACT

AB 5

THE SAFE & SUPPORTIVE SCHOOLS ACT

SB 760

ALL-GENDER RESTROOMS IN K-12 SCHOOLS

SB 857

LGBTQ+ ADVISORY TASK FORCE IN SCHOOLS

AB 957

FAMILY LAW: GENDER IDENTITY



NON PROFIT OF THE YEAR AWARD



EDUCATION & ADVOCACY



TRANSFAMILY SUPPORT SERVICES has always been committed to increasing awareness and understanding both within the community and in the general public. In 2023 we strengthened that commitment by expanding our Education and Advocacy Program. TFSS presented our “Supporting the Trans and Nonbinary Community” training to nearly 3,000 people in 2023. This vital training is accessible to all, with a particular focus on students and educational institutions, extending to medical and mental health professionals, as well as employers across various sectors. Trans individuals are present in all walks of life, underscoring the urgent necessity for supporting inclusive environments—with particular focus on supporting schools and ensuring that trans students and staff have access to the resources and support they need.

In 2023, more than 2,000 of the individuals we trained worked within the world of education and schools. That means that several school districts now have the tools they need to support their students in a time where it’s more vital than ever.

2023 brought us the opportunity to expand our education beyond our general training. We developed two new curriculums—“From Ally to Accomplice” expands on our foundational training for those working within the world of LGBTQ+ advocacy. Through these trainings and presentations, we’ve reached new levels of visibility in the world of state and international advocacy, and we’ve continued to create a safer world for our youth.

GET INVOLVED

TFSS MEMBERS SERVED ON:

CITY OF SAN DIEGO HUMAN RELATIONS COMMISSION

SD REGIONAL ANTI-HATE CRIME COALITION

SAN DIEGO COUNTY OFFICE OF EDUCATION LGBTQIA+ ADVISORY

COUNCIL AT&T CONNECTIVITY COUNCIL

TRANSFEMININE STRATEGY CENTER

SD COMMUNITY LEADERSHIP COUNCIL

SD YOUTH LEADERSHIP COUNCIL

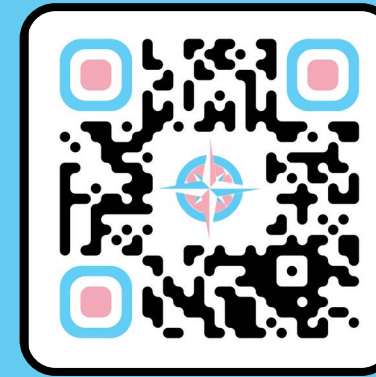
CA LGBTQ HEALTHY EQUITY COHORT

CA LGBTQ+ STUDENTS RIGHTS COALITION

DMHC TGI WORKGROUP

CWS LGBTQ+ WORKGROUP

DONATE



Want to support
#TeamTFSS & donate
to join the fight?

tinyurl.com/TFSS-donate

VOLUNTEER



Want to join
#TeamTFSS & get
involved?

tinyurl.com/TFSSvolunteers

2023 #WRAPPED

1055
SERVICE HOURS

2400+
CLIENTS SERVED

50
NEW VOLUNTEERS

3000+
INDIVIDUALS TRAINED

50
INSURANCE APPEALS FILED

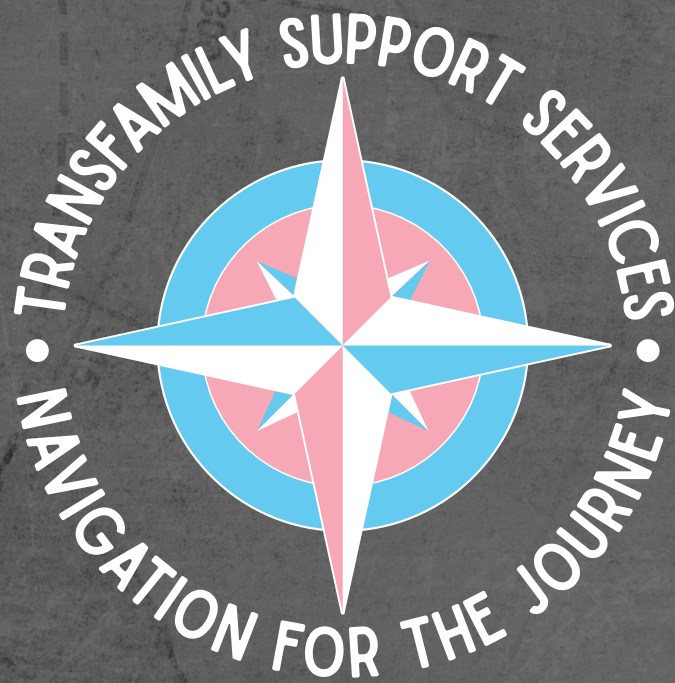


PROTECT TRANS YOUTH

TRANSFAMILY SUPPORT SERVICES



TRANSFAMILYSOS.ORG



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