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IMPACTREPORT

WHO WE ARE

TransFamily Support Services is a nonprofit based in San Diego that supports transgender, nonbinary, and gender-diverse youth and their families across the country. We provide guidance, build resilience, and advocate alongside families so no one has to navigate their gender journey or transition alone.

Through education and advocacy, community outreach, youth programming, and family support, we meet our community's needs through both direct services and systems-level change—ensuring trans youth and their families are supported, informed, and empowered every step of the way.

OUR MISSION
TransFamily Support Services save lives by shaping a gender-affirming and accepting community

OUR VISION
A world where ALL genders are accepted & treated EQUALLY.



LETTER FROM LEADERSHIP

Dear TFSS Community,

2025 was one of the hardest years our youth and families have faced.

Across the country — and here at home — transgender and nonbinary young people became the focus of political attacks, harmful rhetoric, and efforts to strip away their access to care and safety. Our families were not reading about this in the news as a distant issue. They were living it. They were sitting at kitchen tables trying to explain to their children why adults were debating their existence. They were worrying about healthcare, school policies, and what the future might hold.

We saw more fear this year. More exhaustion. More questions from young people asking if they will still be allowed to be themselves.

And we also saw extraordinary courage.

Youth showed up to group even when they were tired and discouraged. They built friendships, supported one another, and created spaces where they could breathe and be real. Families came to us scared and left stronger — informed, connected, and ready to advocate for their children. Caregivers found their voices. Young people found their confidence.

When the outside world felt unstable, this community became steadier.

Our trainings and advocacy work took on even greater urgency this year. Schools, healthcare providers, and community organizations reached out because they wanted to do better. And families and allies stepped forward publicly, sharing their stories to protect affirming care and inclusive policies.

This year was heavy. But it also made something very clear: our youth are resilient, our families are powerful, and community matters more than ever.

We remain committed to standing beside every transgender and nonbinary young person and their family — not just in moments of celebration, but in moments of fear. Especially in moments of fear.

Thank you for being part of this work. Your support creates the spaces where our youth can feel safe, seen, and hopeful — even in the hardest of years.

With gratitude,
Kathie Moehlig

Kathie Moehlig (Executive Director)

&
Team TFSS

OUR STAFF

Our work at **TransFamily Support Services** is made possible by our community of care. From staff and board members to volunteers, interns, community partners, and donors, each person plays a role in ensuring trans youth and families have access to the support they need.

Rooted in lived experience and deep connection to our community, this work remains intentional and authentic. Even in a time when visibility is both impactful and dangerous, the people behind TFSS continue to show up—moving forward together to ensure our voices are heard and this work continues.



OUR PARTNERS



YOUTH PROGRAMMING

Supporting trans and gender-diverse youth from elementary age through age 30 is at the core of our work. In 2025, as attacks on trans youth intensified and other systems failed to protect them, the need for safe, affirming support grew—and we expanded our youth programming to meet that moment.

Our youth Discord servers for middle schoolers, high schoolers, and young adults remained open and active throughout the year, providing consistent support through shifting policies and political attacks. When youth needed more care, we extended hours and held space for conversations around fear and anxiety. Our youth received consistent, individualized support during some of the most difficult moments of 2025.

We also offered group sessions and workshops focused on mental health, wellness, trauma-informed care, and creative expression, including our Art Wellness Series.

As access to gender-affirming healthcare continues to be restricted, this support remains critical.

When federal systems turn their backs, we stay present—**showing trans youth they are not alone and that an entire community is standing beside them.**

KYLER'S CONNECTIONS was relaunched to provide one-on-one mentorship, and we distributed **GENDER-AFFIRMING ITEMS** TO OVER 200 YOUTH.



“thank you so so much for your service, i can't thank you enough, i'm so truly thankful that there are communities like you that are able to reach out to kids and their families about accepting them, you're truly heaven sent, i'll be checking out the server! thank you for taking your time to read this gap session!”
- youth

FAMILY & PARENT PROGRAMMING



“ It means I have a place to go and ask questions and hear stories and find a community that would support my family.”
- Parent

“ The tremendously genuine and affirming support that we have received from TFSS has undoubtedly been a life saving gift to our family.”

“ It’s so important to us that our son is able to see an adult trans person living authentically and successfully in society. That he sees that it’s possible to be anything he wants to be and to go into adulthood feeling supported and loved by his community. TFSS is helping us raise up this wonderful kiddo and giving him the wings to eventually fly with confidence.”
- Parent of Trans Youth

“ TFSS provides hope, community, and so much needed assistance in navigating resources. Thank you!”
- Parent



“ I don’t know what we would do without you ”

“ Thank you for this helpful and important news! And for all you do in behalf of the community.”
- from a passport blast

In 2025, as political attacks on trans youth intensified, our support services for parents, caregivers, and families expanded to help them navigate rapid policy changes, fear, and uncertainty. We focused on clear action steps, Q&A sessions, and advocacy updates to keep families informed and supported.

We hosted five town hall information sessions in response to state and federal policies impacting trans youth, including the U.S. v. Skrmetti decision, federal CMS announcements on gender-affirming care, and clinic closures across California. We also strengthened online forums to address urgent and emerging threats.

Our support groups provided space for families to process both political attacks and personal experiences.

By equipping families with education, resources, and community, we helped parents and caregivers better support their youth during a challenging year.

IN 2025 we invested over **700 HOURS** in family support groups, launched **GRANDPARENT CIRCLE** for the grandparents of trans youth, and provided **TAILORED ONE-ON-ONE SUPPORT THROUGH 128 FAMILY ENGAGEMENT SESSIONS.**

“ We have always supported my son but the TFSS resources played an essential role in his transition. Now confident in his authentic self, we feel safe to function in this wonderful normal.”

VISIBILITY

In 2025, **TransFamily Support Services** maintained a visible presence online as well, continuing to speak out so our community had access to trusted voices and clear information.

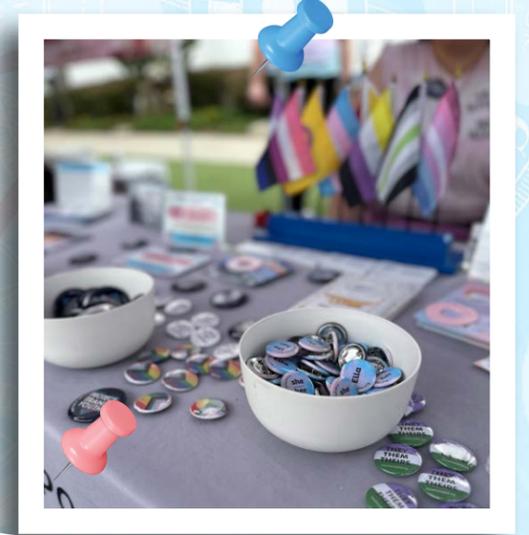
We were also featured on the TransLash Podcast, speaking directly to parents and caregivers about how to support trans youth during a difficult year.

Visibility also allowed us to meet new communities where they already were. Through our partnership with The Ally Coalition, TFSS began tabling at concerts featuring artists like Lucy Dacus and Remi Wolf, and participated in Translatable

Throughout the year, **TFSS WAS FEATURED IN OUTLETS INCLUDING LGBTQ NATION, NPR, and PINKNEWS** sharing resources, public calls to action, and messages of **SUPPORT FOR TRANS YOUTH AND THEIR FAMILIES.**

Project's advance screening of *Wicked: For Good* during Trans Awareness Week.

By staying visible in an increasingly hostile political climate, TFSS helped ensure **trans youth and families knew support exists**—and that they are not alone.



“It means that there are less stories of trans kids facing challenges alone.”



LATINÉ PROGRAMMING

In 2025, as fear and political attacks increased across immigrant and Latiné communities, our **Latiné Programming** provided a safe and trusted space for families of trans youth. Through bilingual support, a dedicated Latiné parent group, and presence in local community spaces, we worked to remove language and cultural barriers to care.

We ensured Spanish-speaking families had access to timely information, policy updates, and clear action steps, and expanded community reach through local events and partnerships with organizations including **One Safe Place** and **Latiné Pride**. Creating and sustaining space where families can feel fully seen remains a vital and growing priority.



OUTREACH

In 2025, trans and LGBTQ+ organizations faced funding restrictions, program cancellations, and increased threats of violence in response to visibility and pride. As many were forced to scale back or go quiet, **TransFamily Support Services** made a deliberate choice to remain visible for the trans youth and families we serve.

Rather than pushing our community away, increased political pressure revealed how deeply people want to show up for one another. In 2025, **TFSS welcomed 80 new volunteers and four interns**—expanding our ability to stay present, responsive, and connected so trans youth and families know they are supported and not alone.

Even amid fear and uncertainty, we attended over **30 COMMUNITY EVENTS** sharing resources and connecting with thousands of people throughout the year. At San Diego Pride alone, we reached more than **2,000 COMMUNITY MEMBERS** and **BOO BASH** became our **LARGEST VOLUNTEER EVENT TO DATE WITH OVER 100 VOLUNTEERS** showing up in a single day.

EDUCATION & ADVOCACY



“ I just wanted to thank you both for such an insightful, thoughtful and motivating presentation. You answered many questions I didn't know I had. I'm so grateful for you. I want to continue to support my TGI family. ”



In 2025, as anti-trans rhetoric and misinformation increased, educating allies became more critical than ever.

These efforts reached K-12 schools, universities, government agencies, and businesses—reinforcing that allyship is needed everywhere.

TFSS hosted **33 TRAININGS** reaching over **1,000 PARTICIPANTS** from Trans 101 and 201 sessions to our **“TGI-CENTERED INTIMATE PARTNER VIOLENCE PREVENTION”** training.

One of our largest efforts was our training **“Understanding TGI Needs: A Guide for Insurance Professionals”** that focused on TGI inclusion practices in insurance and medical settings. As access to gender-affirming care for youth faced increasing federal threats, this work became even more urgent. Through this initiative, **we reached nearly 30,000 participants across California.**

By providing accurate information and clear pathways to action, our education efforts helped ensure more people were prepared to stand alongside trans youth and families when it mattered most.



“ It's been life changing in challenging times ”



INSURANCE & MEDICAL NAVIGATION

In 2025, Insurance and Medical Navigation became a lifeline for trans youth and their families as access to healthcare came under direct attack. Anti-trans executive orders and the U.S. v. Skrmetti Supreme Court case created sudden barriers for families seeking care.

As clinics closed and coverage was denied, TFSS stepped in to help families find stability.

We also **helped dozens of families secure coverage** for puberty blockers for their youth when other forms of care were no longer available.

Our support extended beyond healthcare. When new passport restrictions limited access to accurate identification, we assisted over 100 individuals with name and gender marker changes and document alignment, providing clear and timely information as policies shifted.

As conditions changed throughout the year, we adapted in real time—walking alongside families and ensuring trans youth and their loved ones were not left to navigate these challenges alone.

We held over **450 ONE-ON-ONE MEETINGS** with clients, supported families in finding new providers, **WORKED WITH INSURANCE COMPANIES WHEN COVERAGE WAS DENIED** and helped create alternate care plans when standard options were no longer available.

“My daughter has benefited from the social services offered by TFSS and has given back by volunteering with them.”

“Strength in community, equity, and inclusivity.”

BILLS & LEGISLATION



In 2025, the trans community faced an unprecedented surge in anti-trans legislation, often targeting trans youth directly. TransFamily Support Services remained actively engaged in legislative advocacy to advance protections and push back against these attacks.

TFSS CO-SPONSORED FIVE BILLS four of which passed into law. We also **SUPPORTED 11 ADDITIONAL BILLS** and submitted **LETTERS OF OPPOSITION TO 12 MORE** urging the Governor to protect trans youth and families in California.

Following the passage of SB 59, the Transgender Privacy Act, we integrated updated guidance for name and gender marker changes into our direct services. Further, we continued to share resources and updates with our community in real time.

We kept families informed and mobilized through webinars and calls to action, including a federal roundtable with nearly 600 attendees. We

also launched two statewide initiatives—the Parents Support Group Leaders Collective and the Providers Forum—bringing together parent leaders and nearly 70 mental health and medical providers.

Advocacy remains a vital part of our work and our goal to secure a brighter, safer future for trans youth and families.

PROTECT TRANS YOUTH

TRANSFAMILY SUPPORT SERVICES



TRANSFAMILYSOS.ORG



Scan the QR code to donate to
TransFamily Support Services.
Your support helps families thrive.

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